

# XVIII International Poznan Course in Upper Extremity Surgery – Forearm, Wrist, Hand

**Thursday, 19 marca**

---

13:30 – 3D PRINTING PRECOURSE

18:00

REGISTER (PL)

REGISTER (EN)

This precourse will cover recent knowledge and advancements in 3D printing in hand surgery including patient specific instruments for malunion osteotomy, process of planning, clinical cases and many more.

---

13:30 – Welcome reception

14:00

---

14:00 – Introduction and Development in IPS Implants®

14:30 Jan Ragnar Haugstvedt

---

---

14:30 – 14:50 Extra - and intraarticular radius reconstruction

Urs Hug

---

14:50 – 15:10 Live 3D-planning session of distal radius reconstruction case

Urs Hug

---

15:10 – 15:25 IPS® meets standard – 3D-planning in phalangeal and metacarpal reconstruction using standard implants

Urs Hug

---

15:25 – COFFE BREAK

16:00



---

16:00 – Forearm Reconstruction

16:30 Jan Ragnar Haugstvedt

---

16:30 – Madelung Deformity Reconstruction

17:00 Jan Ragnar Haugstvedt

Piotr Czarnecki

---

17:00 – IPS® Case Experience in Poland

17:40

Piotr Czarnecki

dr n. med.  
Paweł Flont

---

17:40 – Discussion

18:00

---

18:00 Farewell

## Friday, 20 marca

---

08:00    Opening

Przewodniczący

Leszek Romanowski

Piotr Czarnecki

---

08:30 –    TENDONS

09:30

Moderatorzy

Piotr Czarnecki

Xavier Gueffier

---

08:30 –    Practical remarks on extensor tendons

08:40

Ilse Degreeef

---

08:40 –    Advances in flexor tendons surgery

08:55

Ahmed Elsaftawy

---

08:55 –    Most common and useful tendon transfers

09:05

Xavier Gueffier

---

09:05 –    Hand therapy after tendon surgery

09:15

Marta Jokiel

---

---

09:15 – Cases and discussion

09:30

Maciej Bochenek

---

09:30 – COFFEE BREAK

09:45



---

09:45 – WORKSHOPS

10:45

---

10:45 – 11:00 COFFEE BREAK



---

11:00 – NEW TECHNOLOGIES IN HAND SURGERY

12:00

Moderatorzy

Maciej Bręborowicz

Brigitte Van der Heijden

---

11:00 – 11:15 4D CT

Brigitte Van der Heijden

---

11:15 – 11:25 From virtual reality to Mixed reality: future perspectives and expectations

Xavier Gueffier

---

11:25 – 11:40 3D printing

Urs Hug

---

11:40 – 11:50 Fat graft injections in CMCI OA

Enrico Carita

---

---

11:50 – 12:00 Discussion

Michał Harasymczuk

---

12:00 – 12:15 COFFEE BREAK



---

12:15 – 13:15 WORKSHOPS

---

13:15 – 13:30 COFFEE BREAK



---

13:30 – 14:30 LUNCH



---

14:00 – POSTER SESSION

14:30

Moderatorzy

Ewa Bręborowicz

Ilse Degreef

Paweł Reichert

---

13:30 – 14:30 Lunch symposium

---

14:30 – 15:30 ELECTIVE SURGERY

Moderatorzy

Alex Lluch

Paweł Reichert

---

14:30 – 14:45 Think twice before you operate. Red flags in outpatient clinic

Alex Lluch

---

14:45 – 15:05 My approach to Duputrens

---

---

Ilse Degreef

---

15:05 – 15:20 Overuse syndromes - simple hand surgery?

Karol Szyluk

---

15:20 – 15:30 Cases and discussion

Karolina Beigert

---

15:30 – 15:45 COFFEE BREAK



---

15:45 – 16:45 WORKSHOPS

---

16:45 – COFFEE BREAK

17:00



---

17:00 – NERVES AND MICRO

18:00

Moderatorzy

Ireneusz Walaszek

Bruno Battiston

---

17:00 – 17:10 Advances in nerve surgery

Piotr Czarnecki

---

17:10 – 17:20 Contralateral C7 for brachial plexus reconstruction

Bruno Battiston

---

---

17:20 – 17:30 Up-to-date of italian indications and our experience in replantation surgery

Bruno Battiston

---

17:30 – 17:45 Most useful flaps in the hand

Ireneusz Walaszek

---

17:45 – 18:15 Cases and discussion

Piotr Koschel

## Saturday, 21 marca

---

08:00 – FRACTURES AND DISLOCATIONS

09:00

Moderatorzy

Enrico Carita

Leszek Kaczmarek

---

08:00 – Surgical anatomy of the fractures

08:10

Brigitte Van der Heijden

---

08:10 – PIPJ injuries

08:25

Zaf Naqui

---

---

08:25 – Specific distal radius fractures

08:35

Paweł Reichert

---

08:35 – Physiotherapeutic Management of Distal Radius Fractures

08:45

Ewa Bręborowicz

---

08:45 – Cases and discussion

09:00

Michał Górecki

---

09:00 – COFFEE BREAK

09:15



---

09:15 – 10:15 WORKSHOPS

---

10:15 – 10:30 COFFEE BREAK



---

10:30 – 11:30 WALANT AND MINIMALLY INVASIVE PROCEDURES

Moderator

Paweł Surdziel

---

10:30 – How and why to introduce WALANT and ultrasound into daily practice

10:50

Xavier Gueffier

---

---

10:50 – Practical tips on WALANT surgery

11:00

Ilse Degreeef

---

11:00 – 11:10 Minimally invasive surgery in my hands

Zbigniew Szlosser

---

11:10 – 11:30 Cases and discussion

Paweł Surdziel

---

11:30 – 11:45 COFFEE BREAK



11:45 – 12:45 WORKSHOPS

---

12:45 – 13:00 COFFEE BREAK



13:00 – HAND AND WRIST ARTHRITIS

14:00

Moderatorzy

Zaf Naqui | Ireneusz Walaszek

---

13:00 – 13:15 Partial wrist fusions

Alex Lluch

---

13:15 – 13:30 Modern approach to CMCJ arthritis

Zaf Naqui

---

13:30 – 13:40 Total wrist replacement

Enrico Carita

13:40 – 13:50 Wrist denervation

Maciej Bręborowicz

13:50 –  
14:00 Cases and discussion

Katarzyna Kozłowska

14:00 Closure, awards

Piotr Czarnecki

#### WARSZTATY WORKSHOPS

**PIĄTEK 20.03.2026**

**SLOT I 9:45 - 10:45**

##### 1. ULTRASONOGRAPHY

Arleta Witkowska-Łuczak, Zbigniew Szlosser

##### 2. COMPLEX DISTAL RADIUS FRACTURES – A NEW GENERATION OF THREE-DIMENSIONAL, FRAGMENT-SPECIFIC DISTAL RADIUS PLATES

Florent Berisha

##### 3. DISTAL RADIUS, HAND AND SCAPHOID FRACTURE FIXATION

Christoph Engel

##### 4. RADIAL HEAD REPLACEMENT

Jakub Florek

##### 5. MICROSURGERY

Katarzyna Kozłowska, Michał Harasymczuk, Piotr Koschel, Marta Twardowska

##### 6. HAND THERAPY FOR HAND SURGEONS

Ewa Bręborowicz, Marta Jokiel

**SLOT III 15:45 - 16:45**

##### 1. MINIMALLY INVASIVE PROCEDURES

Xavier Gueffier, Zbigniew Szlosser

##### 2. OLECRANON FIXATION

Bruno Battiston

##### 3. TENDON SURGERY

Maciej Bochenek, Maciej Bręborowicz, Marta Ślęzak, Karolina Beigert

##### 4. EXTERNAL FIXATORS IN HAND FRACTURES

Roman Madeja

##### 5. PROTEZY KOSMETYCZNE RĘKI - PROCES PRZYGOTOWANIA

Magdalena Zaborowska

**SLOT II 12:15 - 13:15**

##### 1. ULTRASONOGRAPHY

Arleta Witkowska-Łuczak, Zbigniew Szlosser

##### 2. COMPLEX DISTAL RADIUS FRACTURES – A NEW GENERATION OF THREE-DIMENSIONAL, FRAGMENT-SPECIFIC DISTAL RADIUS PLATES

Florent Berisha

##### 3. DISTAL RADIUS, HAND AND SCAPHOID FRACTURE FIXATION

Christoph Engel

##### 4. RADIAL HEAD REPLACEMENT

Jakub Florek

##### 5. MICROSURGERY

Katarzyna Kozłowska, Michał Harasymczuk, Piotr Koschel, Marta Twardowska

##### 6. HAND THERAPY FOR HAND SURGEONS

Ewa Bręborowicz, Marta Jokiel

**SOBOTA 21.03.2026 | SLOT IV 9:15 - 10:25**

##### 1. MINIMALLY INVASIVE PROCEDURES

Xavier Gueffier, Zbigniew Szlosser

##### 2. OLECRANON FIXATION

Bruno Battiston

##### 3. TENDON SURGERY

Maciej Bochenek, Maciej Bręborowicz, Marta Ślęzak, Karolina Beigert

##### 4. EXTERNAL FIXATORS IN HAND FRACTURES

Roman Madeja

##### 5. PROTEZY KOSMETYCZNE RĘKI - PROCES PRZYGOTOWANIA

Magdalena Zaborowska