

SALA 51 (AUDYTORIUM - 1900 os)									SALA 52 (TEATRALNA - 590 os)									SALA 54 (ZESPÓŁ SALI - 350 os)									SALA 55										
08:00	09:30	01:30	ICL 1 - ACL reconstruction step by step	Wojciech Widuchowski	Rub Jansen	Rafał Kamiński	czwartek, 16.10.2025, czwartek,	08:00	09:30	01:30	ICL 2 - Basis of shoulder instability treatment The ideal patient for arthroscopic Bankart repair – current state of art.	Piotr Kominek	Andrzej Popowicz	Adrian Góralczyk	czwartek, 16.10.2025, czwartek,	08:00	09:30	01:30	ICL 3 - Hip arthroscopy: how to start and survive? Diagnosis and strategy	Tomasz Paradowski	Carstenmann Carlsens	Patryk Wiliński	czwartek, 16.10.2025, czwartek,	08:00	09:30	01:30	ICL 4 - knee pathology diagnosis: RTG, TK, MRI and intraoperative correlation	Bogusław Saliński	Michał Skowronek	08:00	09:30	01:30	ICL - Patello-femoral instability	Krzysztof Malecki, Alicja Fajars, Michał Rotucki			
08:00	08:09	00:09	Graft types	Rafał Kamiński				08:00	08:15	00:15						08:00	08:08	00:08	Fat injuries: fatum & cartilage - why?	Marek Bielec				08:00	08:12	00:12	Non-traumatic knee joint abnormalities in MRI imaging (oncology, inflammatory diseases)	Mateusz Ciecior			08:00	08:10	00:10	First time Patellar Dislocation ESSKA 2024 Consensus	Katarzyna Herman		
08:09	08:18	00:09	Tunnel for ACL reconstruction	Wojciech Widuchowski				08:10	08:20	00:10	Step by step diagnostic process of shoulder instability	Aneta Wawerzyńska				08:08	08:16	00:08	Hip examination	Marcin Pleśnicki				08:12	08:24	00:12	Patella in MRI interpretation of the knee	Katarzyna Kapuciniak			08:20	08:30	00:10	Treatment strategy in PFI	Krzysztof Malecki		
08:18	08:27	00:09	Patellar Tendon-Bone Flap PI Recovery Technique: Short Term Follow-up Clinical Results	Hanna Benes				08:20	08:30	00:10	Anterior Bankart repair – tips and tricks	Andrzej Popowicz				08:16	08:24	00:08	X-ray, MRI and CT diagnostics	Patryk Wiliński				08:24	08:32	00:08	Correlation between MRI findings and arthroscopic imaging of knee pathology	Bogusław Saliński			08:30	08:30	00:00	Anatomy, biomechanics and graft selection for MPFL reconstruction	Jacek Walusiak		
08:27	08:36	00:09	Allografts for ACL reconstruction	Filip Adamczyński				08:30	08:40	00:10	How to improve stability of arthroscopic Bankart repair	Piotr Kominek				08:24	08:32	00:08	How to get in - central first OR peripheral first: portal placements	Tomasz Paradowski				08:32	08:40	00:08	How to visualize injuries of the posterolateral and posteromedial corner of the knee?	Artur Kusak			08:30	08:40	00:10	Osteochondral fractures and cartilage defects reconstruction in PE joint	Michał Rotucki		
08:36	08:45	00:09	ACL reconstruction options in open groups	Rub Jansen				08:40	08:50	00:10	Soft tissue augmentation techniques in treatment of anterior shoulder instability	Wojciech Anioła	Barbara Krawczyńska			08:32	08:40	00:08	How to get in - anterolateral first	Antonię Pacholczyk-Salas				08:40	08:48	00:08	Causes of anterior cruciate ligament (ACL) reconstruction failure in postoperative MRI/T2-weight evaluation	Michał Skowronek			08:40	08:50	00:10	Failed patella stabilisation - revision options	Grzegorz Pińicki		
08:45	08:54	00:09	What went wrong? Causes of re-open	Marcin Domański				08:50	09:00	00:10	Posterior Bankart repair – tips and tricks	Rafael Marino				08:40	08:56	00:08	Assessment of the patellofemoral joint in MRI and CT imaging	Jerry Cholewicki				08:48	08:56	00:08	Rehabilitation and results of MPFL reconstruction	Oliwier Sygacz			08:50	09:00	00:10	Anterior knee pain - disease or symptom?	Alicja Fajars		
			Free paper: Anatomic and morphological assessment of the quadriceps tendon with magnetic resonance imaging Applications in the selection and harvesting of grafts for anterior cruciate ligament reconstruction													08:56	08:56	00:00	Common mistakes which could be avoided	Tomasz Ziórow																	
08:54	09:03	00:09							09:00	09:10	00:10	Free paper: Arthroscopic treatment of locked posterior shoulder dislocations					09:00	09:04	00:04	Time paper: Discussion																	
09:03	09:30	00:27	DISCUSSION						09:10	09:30	00:20	DISCUSSION					09:04	09:30	00:26	Operation set up and hip devices																	
SALA 51 (AUDYTORIUM - 1900 os)									SALA 52 (TEATRALNA - 590 os)										SALA 54 (ZESPÓŁ SALI - 350 os)									SALA 55									
09:50	12:00	02:10	Knee: Should Every Patient Be Treated? Critical Insights Into Cartilage Repair and Regenerative Medicine	Mats Brittberg	Krzysztof Mucha	Konrad Szymalski		czwartek, 16.10.2025, czwartek,	09:50	12:00	02:10	Augmentation techniques in the treatment of massive rotator cuff tears: Comparison of treatment outcomes	Tomasz Kowalski	Marten Snow			09:50	12:00	02:10	Advances in patello-femoral instability treatment	Jacek Walusiak	Guillaume Demey		Lukasz Lipiński	czwartek, 16.10.2025, czwartek,	09:50	12:00	02:10	The Future Of Orthopaedic Physiotherapy: Bridging Science With Practice	Martyna Juraska	Michał Hudala	09:50	12:00	02:10	Senja Pielmeier i	Wiola Bał, Gracyna Kowalska	
09:50	10:00	00:10	Where are we in terms of cartilage repair? Effects on Traumatic defects and osteoarthritis	Mats Brittberg					09:50	10:00	00:10	Massive cuff tears - when to consider augmenting - preoperative planning and outcome	Michał Janyski				09:50	10:00	00:10	Biomechanical links between PFI structure and pathology	Alicja Fajars					09:50	10:02	00:12	ACL Rehab After ACL reconstruction. Where Are We in 2025 and Where Do We Need To Go	All Golser			09:50	09:55	00:05	Otwarcie	Wiola Bał, Gracyna Kowalska
10:00	10:10	00:10	Lessons Learned from the History of Cartilage Repair	Mo wyobraź ten wybór!					10:00	10:10	00:10	Superior capsular reconstruction with dermal patch - the way to success	Martyn Snow				10:00	10:10	00:10	Clinical examination of PFI	Jacek Walusiak					10:02	10:14	00:12	Rotator Cuff Related Shoulder Pain: What Does It Tell Us? Care Look Like?	Jeremy Lewis			09:55	10:07	00:12	Na ile sposobów można zrekonstruować ACL? Różne techniki, jeden cel.	Wiola Bał
10:10	10:20	00:10	Challenges in Cartilage Reconstruction of the Patellofemoral Joint	Jacek Walusiak	Guillaume Demey				10:10	10:20	00:10	Long long head of biceps as cuff augmentation	Hubert Lajczak				10:10	10:20	00:10	My perfect MPFL reconstruction - technical issues, tips and tricks	Tomasz Ziórow					10:14	10:24	00:10	Arthrogenous Muscle Inhibition and Knee Dysfunction: From Neural Mechanisms To Clinical Solutions	Thomas Hays			10:07	10:19	00:12	Łączyła nas walczyli: podjęli 2 banki tkanek na białk operacyjną	Joanna Kozłowska
10:20	10:30	00:10	Natural Healing Response - Is Microfracture Always the Right Decision	Wojciech Widuchowski					10:20	10:30	00:10	Long long head of biceps as SCR	Markus Rodoszewski				10:20	10:30	00:10	Tricheckleoplax: current indications (Dejour + 3.0), techniques, complications, long-term outcomes	Pablo Ferraz					10:24	10:34	00:10	The JB Model of Evidence-Based Healthcare: Advancing Orthopaedic Physiotherapy Practice	Aleksandra Kridłowska			10:19	10:31	00:12	Zabieg: artroskopowe z użyciem allograftów	Wiktoria Warda
10:30	10:40	00:10	Stem Cells - Myths and Facts	Konrad Szymalski					10:30	10:40	00:10	There's no need to repair - just do a lower trapezius transfer	Marcin Kiciński				10:30	10:40	00:10	Trochleoplasty: current indications (Dejour + 3.0), techniques, complications, long-term outcomes	Guillaume Demey					10:34	10:44	00:10	Diagnostic and Conservative Approaches to Pathological Lesions of the Lower Limb Anaplasia in Youth	Barbara Włczyński			10:31	10:43	00:12	Rekonstrukcja MPFL - charakterystyka zabiegu, rolę postępowania operacyjnego	Marta Sietkower-Zając, Agnieszka Lorent
10:40	10:50	00:10	Finding the Right Patient for the Right Procedure	Krzysztof Mucha			10:40		10:50	00:10	Rotator cuff repair protected with subacromial Balloon Spacer	Roman Bródka			10:40	10:50	00:10	Skeletally immature - what can we do, what should we avoid?	Michał Rotucki			10:44	10:54	00:10		Understanding the Relationship Between Function and Structure in Patients After ACL Reconstruction Using Quadriceps Tendon	Marcin Pleśnicki			10:43	10:55	00:12	Wykazanie się postępowania podczas zabiegów artroskopowych	Agnieszka Strzelińska			
10:50	11:00	00:10	Yes!	połki wyładowca			10:50		11:00	00:10	My tricks to repair a massive cuff without the need for augment	Andrzej Popowicz			10:50	11:00	00:10	MPFL reconstruction failure - reasons and treatment strategies	Oliwier Sygacz	Lukasz Matuszewski			10:54	11:04		00:10	Phenotyping and Endotyping of Tendinopathy: A Potential Chance for Better Treatment Outcomes	Karol Szepiel			10:55	11:07	00:12	Wykaz wskazanych zabiegów operacyjnych na przykładzie pracy, konfrontacji z literaturą zawodową pacjentów modyfikacja	Alicja Podgórska, Joanna Rydz		
11:00	11:10	00:10	Yes!	połki wyładowca			11:00		11:10	00:10	Healing is all about biology - bioinductive collagen promotes reduce in tear rates	Tomasz Kowalski			11:00	11:10	00:10	Polgloss muscle and its role in patellofemoral instability	Lukasz Lipiński			11:04	11:14	00:10		Rehabilitation and Return to Sport After Shoulder Reconstruction Surgery	Piotr Kaczmarski			11:07	11:31	00:24	Przegląd literatury w pracy na białk operacyjnych	Przemysław Miłkiewicz			
11:10	11:20	00:10	Free paper: Chondral Reconstruction of the Patellofemoral Joint Using the AMIC Technique Augmented with Autologous Minicort Cartilage Implantation (AMIC): A Retrospective Comparative Study with Two-Year Follow-Up	Bogusław Saliński			11:10		11:20	00:10	Is there a need for physio after massive cuff repair?	Marcin Kotarski			11:10	11:20	00:10	Obligatory patellar dislocation in extension versus in flexion - two devil twins from different mothers	Jacek Walusiak			11:14	11:26	00:12		Force Assessment After Lower Extremity Injury: Which Environment Provides More Informative Results	Barbara Kridłowska	Karol Krużanek			11:31	12:00	00:29	Dyskusja			
11:20	11:35	00:15	Guest lecture: Management of ACL Injuries in Adults	Vincenzo Cordello			11:20		11:30	00:10	How to get it right (Ego Smith&Nephew)	Andrzej Popowicz			11:20	11:30	00:10	Patellofemoral resurfacing: Technical aspects, tips and tricks. Critical review	Filip Adamczyński			11:26	11:38	00:10		Free paper: Comparison of Conservative Treatment Strategies in Rotator Cuff Injuries: A Prospective Analysis of Function, Strength, and Range of Motion	Natalia Pawluc										
11:35	12:00	00:25	DISCUSSION				11:28		11:36	00:10	Free paper: Mid-term results of dynamic superior capsular reconstruction with the long head biceps tendon in massive, irreparable rotator cuff tears	Krzysztof Kalsak			11:30	12:00	00:30	Discussion																			
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12:20	13:44	01:04	Pediatic orthopaedics - the knee: case based discussion	Urszula Zdanowicz
12:20	12:36	00:16	ACL injury in a child with open growth plates	Marek Trzmiel, Juliusz Dec, Magdalena Trzciak
12:36	12:52	00:16	ACL graft injury in a child with open growth plates	Marek Trzmiel, Juliusz Dec, Magdalena Trzciak
12:52	13:08	00:16	Tibial eminence fracture with ACL injury	Marek Trzmiel, Juliusz Dec, Magdalena Trzciak
13:08	13:24	00:16	Osteoid lacerate meniscus	Marek Trzmiel, Jarosław Feluś, Juliusz Dec
13:24	13:30	00:06	Przerwa	
13:30	14:15	00:45	Naprzemian szkieletowy Państwa Towarzystwa Artrologów i Chirurgów Rąk i Łopatek Szwajcarskiej	Jacek Mazek
13:30	12:40	00:10	Prezentacja Państwa Towarzystwa Artrologów i Chirurgów Rąk i Łopatek Szwajcarskiej - część 1 (zdjęcia)	Jacek Mazek
12:40	13:55	00:15	Artrologia i Chirurgia Rąk i Łopatek Szwajcarskiej	Noraj Ułkan
13:55	14:15	00:20	Pytania i odpowiedzi	

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14:15	14:50	00:35	Short Communications in Physiotherapy	Chairman	Referee	
14:15	14:20	00:05	Can pre-treatment verbal suggestions influence the short-term effects of gait re-education in young adults with chronic non-specific low back pain? A randomized controlled trial	Kamil Zaworski		
14:20	14:25	00:05	ACL reconstruction and the Risk of Re-injury: The Critical Gap Between Biological and Functional Recovery	Magdalena Trzaska		
14:25	14:30	00:05	High Musculature in Chronic Ankle Instability - Why This May Be Important?	Maciej Olaszewski		
14:30	14:35	00:05	Return to Sport and Long-Term Outcomes Following Meniscal Allograft Transplantation - Durability or Temporary Solution?	Mateusz Damiak		
14:35	14:40	00:05	Pain Trajectories After Anterior Cruciate Ligament Reconstruction: A Prospective Ten-Day Analysis	Mateusz Rybicki		
14:40	14:45	00:05	Analysis of Muscle Activity During AGA with a Knee Extension Brace - Potential Implications for Rehabilitation in Patients with ASL	Andrzej Frankiewicz		
14:45	14:50	00:05	THE ANALYSIS OF EFFECTIVENESS OF PHYSIOTHERAPY AFTER REPAIR OF THE KNEE MENISCAL ROLT - A PRELIMINARY STUDY	Joanna Forys		

14:15	15:15	01:00	Lunch session (Riga Arthritis)	
14:35	14:55	00:20	Shoulder glenoid reconstruction using Bone Block Cerclage Technique with concomitant Labral Repair.	Maciej Domalski
14:55	15:15	00:20	LHBT tenodesis using knotless soft anchor as a method of treating anterior shoulder pain and tendon instability	Piotr Dydrowski

					ICA 31 (2023) (EN) (Net.: 2306 03)	
15:55	16:50	01:35	Evidence Based Practice in meniscus treatment: from research to clinical practice	Tomasz Piontek	Jan Bogdan Cioł	Nikolaos Koukoulas
15:55	15:21	00:08	Anatomical Insights into Meniscus: Guiding Evidence-Based Treatment Decisions	Robert Smigajski		
15:21	15:31	00:08	Meniscus Biology: Critical Considerations for Bioregenerative Solutions	Jakub Dalibor Pyšek		
15:31	15:39	00:08	Biomechanics of the Meniscus: Understanding its Role in Joint Function and Injury Prevention	Xinqingxun Xu		
15:39	15:47	00:08	Comparative Effectiveness of Surgical Techniques for Meniscal Repair: Evidence from Recent Studies	Jan Bogdan Ciołdman		
15:47	15:55	00:08	From Autografts to Biomaterials: Advances in Meniscal Reconstruction Strategies	Nikolaos Koukoulas		
15:55	16:03	00:08	Healing the Meniscus: The Indispensable Role of Rehabilitation in Pre and Post Arthroscopic Care	Lukasz Stobielski	Pawel Bajkowski	
16:03	16:11	00:08	Long-term outcomes of arthroscopic decompression and sutures for lateral meniscal cysts	Rady Prabhu		
16:11	16:19	00:08	Treatment methods of the medial meniscus based on its anatomy, including vascularization (ongo Enry Arthro)	Robert Smigajski		
16:19	16:27	00:08	Free paper			
16:27	16:35	00:08	Save the Meniscus, Save the Root – Modified Hemming	Szymon Ruliczak		
16:35	16:50	00:15	Comprehensive Insights into Meniscus Treatment: From Anatomy and Biology to Surgical Techniques – summary of presentations	Tomasz Piontek		
16:50	16:50	00:15	DISCUSSION			

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ZADANIE 32 (LITERATURA 1, 2, 3, 4)						
15:15	16:50	01:35	Reverse endoprosthesis in the treatment of patients under 40 years of age - future prospects	Bogdan Naszkiewicz	Piotr Ogrodniewicz	
15:15	15:21	00:06				
15:23	15:31	00:08	przetwarzalność			
15:31	15:39	00:08	problemy techniczne			
15:39	15:47	00:08	powłoki			
15:47	15:55	00:08	PSA w PL			
15:55	16:01	00:06				
16:03	16:11	00:08				
16:11	16:19	00:08	Free paper			
16:19	16:50	00:31	DISCUSSION			

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SAC 35 (BIOGENEAL) 400.09					
15-15	16:50	00:35	HR: Librium, stability and tension issues - arthroscopy?	Lukasz Paczynski	Ehud Rath
15-15	15:23	00:08	Librium fixation	Lukasz Paczynski	
15-21	15:31	00:09	Reflected head as donor to librium reconstruction	Michal Malczak	
15-31	15:59	00:09	Macro vs microstability of the hip	Michal Hadala	
15-39	15:47	00:08	Instability of the hip, PND	Carstenago Cardenas	
15-47	15:55	00:08	Global repair	Marcin Motkiewy	
15-55	16:03	00:08	Biogenesis - case indication for hip arthroscopy?	Ehud Rath	
16-03	16:11	00:09	Hamstrings tears treatment, open approach	Lukasz Lubinski	
16-11	16:19	00:08	Tire paper		
16-19	16:50	00:31	DISCUSSION		

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DATE: 11 SEP 24, SAT. 15:00-18:00				
15:15	16:50	01:35	Case Study Session	Alicja Rykera
15:15	15:21	00:06	Decision making in Amateur Tennis Players: Ending Physiotherapy and Opting for Surgery at the Right Time	Dominik Buzalski
15:23	15:31	00:08	Offloading Braces in Conservative Treatment of Osteoarthritis: Patient Experiences	Monika Cybart
15:31	15:39	00:08	Load Management and Injury Prevention in Elite Combat Sports: A Case Study	Kamil Jędrzejak
15:39	15:47	00:08	Free Paper: Physical lateral patellar compression syndrome - case study	Eryczan Barnat
15:47	15:55	00:08	One-stage Bilateral HTD in Active Amateur Athlete: Clinical Case and Insights Free Paper: "Tennis Cuff" from Diagnosis to return to sport: Interdisciplinary approach in a modern model of athlete rehabilitation.	Dominik Lubski
15:55	16:03	00:08		Bartosz Kot
16:03	16:11	00:08	Management of Partial Triceps Tendon Tear	Artur Mohr
16:11	16:19	00:08	Shoulder Flexibility from Rehab Coach Perspective in RTA/ETS Process	Bartosz Kot
16:19	16:30	00:11	Knee Joint: Hypermobility and Function	Szymon Gryckiewicz
16:30	16:50	00:20	Discussion	

17:00 - 17:30		SALA 51 (AUDITORIUM - 1900 pl)			
17:30	18:50	01:40	PLC and PLC injury - my clinical case and surgical technique	Maciej Karaszyn	Wojciech Kusak
17:30	17:30	00:10	Single bundle PCL reconstruction	Sebastian Zaberek	
17:30	17:30	00:10	Double bundle PCL reconstruction	Pablo Gelber	
17:30	17:40	00:10	PLC reconstruction - Arctos technique	Wojciech Kusak	
17:40	17:50	00:10	PLC reconstruction - LaPrade technique	Filip Adamczewicz	
17:50	18:00	00:10	Popliteus muscle tenodesis	Krzysztof Hermaszewicz	
18:00	18:10	00:10	Avoiding PCL and PLC tunnels convergence	Maciej Karaszyn	
			Free paper: Arthroscopic posterolateral complex reconstruction - a whim or revolution?	Piotr Wodnicki	
18:20	18:50	00:30	DISCUSSION		

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SALA 52 (TEATRALNA - 590 pl)					
17.10	18.52	01.40	Treatment of tendon and muscle diseases and injuries.	Joanna Walucha	
17.10	17.18	00.08	Proximal hamstring attachment injuries - operation treatment	Michał Rorzy	
17.18	17.26	00.08	Activities Reconstruction: What Could Go Wrong?	Paweł Ruciński	
17.26	17.34	00.08	Quadriceps Muscle Injury - case study	Amadeusz Szko	
17.34	17.42	00.08	Chronic Brachy injury - operation treatment	Hubert Szporek	
17.42	17.50	00.08	Proximal injury: Are we too important, Surgical Treatment Required	Juliu Szterali	
17.50	17.58	00.08	FFL (Flexor Pollicis Longus) Tendon Injury - Surgical Treatment Required	Anna Wawrzyniak	
17.58	18.06	00.08	Chronic Pectoralis Major injury -operation treatment	Joanna Walucha	
18.06	18.14	00.08	Early Mobilization of Patients after Tendon Injuries	Artur Mohr	

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SALA 53 (KAMERALNA - 400 os.)					
17:15	18:30	01:40	Artis Orthopedics, New Technologies, and Manufacturing	Bartłomiej Lubatowski	Robert Smigajło
17:10	17:30	00:20	Artificial Intelligence in Orthopedics – Where It's Reliable and What Its Limitations Are	Kristian Samuelsson	Kristian Samuelsson
17:30	17:50	00:20	The Evolution of Advanced Surgical Planning in Orthopedics – From Navigation to Digital Twinning	Andy Pearce	
17:50	18:05	00:15	Use of 3D Technology in Planning the Correction of Complex Musculoskeletal Deformities	Jakub Piękoś	
18:05	18:20	00:15	Augmented Reality and 3D Analysis	Bartłomiej Lubatowski	
18:20	18:35	00:15	Medical Robotics	Zbigniew Nowaczyk	
18:35	18:50	00:15	DISCUSSION		

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SALA 54 (ZESPÓŁ SAL – 350 os)			
			Round Table Debate: Sports Injury Management and Return to Sport from Surgeons, Physiotherapist, and Athletic Trainer Perspectives
17:30	18:30	01:20	Petrýk Křehotíček
17:30	17:50	00:40	Table I - Lower extremity
			Andraž Pytlík
17:50	18:30	00:40	Table II - Upper extremity
			Sebastian Zahorek

SALA 51 (AUDITORIUM) - 1900 and					
09:00	09:20	09:20	ICL 8 - Osteotomies around the knee step by step	Juliusz Dec	Paweł Świątek
09:00	09:08	09:08	Indications for HTD	Adam Pierzchała	
09:08	09:16	09:08	Osteotomy planning	Paweł Świątek	
09:16	09:24	09:08	HTD step by step to avoid complications	Juliusz Dec	
09:24	09:32	09:08	DPD - indications and techniques	Mariusz Smólk	
09:32	09:40	09:08	Osteotomies with PSI	Mikołaj Wróbel	
09:40	09:48	09:08	Double level osteotomies - indications	Lukasz Lubalski	
09:48	09:56	09:08	PSI in osteotomies around the knee	Václav Procházka	
09:56	10:04	09:24	ROCK/SSRN		

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12:30 - 10:40			SALA 11 (AUDITORIUMINA - 19000 w)		
10:40	12:30	01:50	Mastering Osteotomy Techniques for Joint Preservation Accuracy in HTO and DFO	Lukasz Lubinski	Maciej Sienko
10:40	10:52	00:12	Wyklad sponsorowanej firmy - logo metabion	Matt Dawson	
10:52	11:04	00:12	Complication in osteotomies - how to avoid them	Lukasz Lubinski	
11:04	11:16	00:12	Osteotomies around the knee - Where is the boundary - OA treatment?	Jerry Cholewicki	
11:16	11:28	00:12	Femoral derotation osteotomy: Technique and indication	Konrad Syrnacki	
11:28	11:40	00:12	Double level osteotomy when and why	Lukasz Bialek	
11:40	11:50	00:10	Osteotomy plus TKA as a one procedure. When and how to do it?	Piotr Dudek	
11:50	12:02	00:12	Double planar osteotomy - PSI in slope correction	Mikolaj Wrobel	
12:02	12:12	00:10	First 6 weeks after DFO and HTO	Jakub Pacak	
12:12	12:30	00:18	DISCUSSION		
12:30 - 12:50					

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SALA 52 (TEATRALNA - 500 ul.)			
		Surgical techniques for large bony defects in the shoulder	Roman Brzdika
10:40	12:30	00:08	Tomaz Perdala
10:40	12:48	00:08	Definition of large glenoid defect
10:48	13:56	00:08	Bone Block procedure
10:56	13:04	00:08	The Latarjet: embolisation or screws?
11:04	13:12	00:08	Latarjet screws stabilisation
11:12	13:20	00:08	Neglected shoulder dislocation with bone loss
11:28	13:28	00:08	McLaughlin procedure and its variations
11:36	13:36	00:08	Free paper
11:36	13:44	00:08	Free paper
11:44	13:52	00:08	Free paper
11:52	12:30	00:38	DISCUSSION

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Przednia lekcja			SALA 53 (KAMERALNA - 400 os)		
10:40	12:30	01:50	Cartilage in a Hip - arthroscopic treatment or arthroplasty?	Jackie Mauck	
10:40	10:45	00:05	Chirurgia w Środach - stłęk problemy	Tomasz Piontek	
10:45	10:55	00:10	Planus scaffolds vs. adjuvant	Jackie Mauck	
10:55	11:07	00:10	Endosteal supports	Michael Swann	
11:07	11:16	00:09	Membrane scaffolds	Wolfgang Zimmer	
11:16	11:25	00:09	Wspomaganie techniki de scaffolds	Antonia Patrino Spas	
11:25	11:34	00:09	Arthroscopy - arthroscopy or replacement	Wolfgang Zimmer	
11:34	11:43	00:09	Arthroscopy after TBS	Bartosz Maciej	
11:43	11:52	00:09	Epidemiologia wywołania choroby	Monami Kibou	
			Free paper:		
11:52	12:00	00:08	Hip Arthroscopy and Percutaneous Osteotomy in Acetabular Insufficiency: A Review Review	Patryk Jurek	
12:00	12:30	00:30	DISCUSSION		

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SALA 54 (ZEPŠŮN, SAL – 350 m)					
10:40	12:30	01:50	Management of football injuries	Jean Villy	
10:40	10:50	00:10	Surgical management of acute and chronic distal ligament injuries in football	Jean Villy	
10:50	11:00	00:10	Chondral injuries in football players - when to perform a surgery?	Piero Zappalà	
11:00	11:20	00:20	The specificity of treatment of selected injuries in professional sport: Do we treat "common people" in a different way?	Stéphane Garavito	
11:10	11:20	00:10	How to manage F.M. surgically in elite athletes ?	Edoardo Geronzi	
11:40	11:50	00:10	Posterior ankle disorders in football	Gregoire Hayek	
11:30	11:40	00:10	Posterior part of the lateral meniscus and its role in the knee	Fabrizio Gracioso	
11:40	11:50	00:10	Return to activity, return to sport, return to performance - groin pain in football	Marcin Bator	
12:10	12:30	00:20	Non Traumatic Anterior Tendon Disorders - Potential Causes, Diagnosis, and Management Strategies	Karel Soukal	
12:30	12:35	00:05	Free paper		
12:35	12:40	00:05	DISCUSSION		

SALA 51 (AUDIOWYKONA - 1900 os)					
12:50	14:30	01:40	Complex knee injuries and Multiligaments injury - lessons learned from complex cases	Konrad Malinowski	
12:50	13:02	00:12	Autograft PLC reconstruction technique. Convergence and the most common intraoperative problems how to avoid and how to deal. Auto/allo what is more reliable for which ligament.		
13:02	13:14	00:12	Fresh Osteochondral Allografts (FOCA) in complex, multiligament cases. FOCA in is Sport	Pablo Gelber	
13:14	13:22	00:08	Sequence, angles, rotations and tension. Problems with under and overcorrection. When it's better leave instability alone - do not touch it "distal instability" and others...		
13:22	13:30	00:08	Medial complex since history to future perspective	Konrad Malinowski	
13:30	13:38	00:08	To make start easier - how to learn. Safe stages. Most reliable and forgiving procedures	Juliusz Dicz	
13:38	13:46	00:08	Triple versus and significant static and dynamic valgus. Border lines, Order of corrections/ reconstructions. Reliable stages	Marcin Pawlak	
13:46	13:54	00:08	Complex postop rehab. Time to walk, to run to twist. RDM in time. Review of literature and own experience. Physio understandable for Ortho.	Magdalena Enalik	
13:54	14:02	00:08	Complications and problems, Intraoperative early and late, FOCA, multiligament	Pablo Gelber	
14:02	14:10	00:08	No difference in laxity, proprioception and neuromuscular control after suture-tape augmented ACL repair of acute proximal avulsions versus ACL reconstruction using hamstring autografts in young, active population.	Piotr Depta	
14:10	14:30	00:20	DISCUSSION		

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SALA 52 (TEATRALNA - 590 os)					
12:50	14:30	01:40	Limits of surgical treatment of rotator cuff injuries	Krzysztof Herman	Robert Pielas
12:50	12:58	00:08	The role of fatty infiltration in rotator cuff repair	Kacper Kuzik	
12:58	13:06	00:08	Are there any age limits for rotator cuff repair? Let's focus on soft tissue and bone quality	Tomasz Mrozik	
13:06	13:14	00:08	The retracted cuff - how to deal with it? Techniques and safe zones for releases	Barłomiej Kordziński	
13:14	13:22	00:08	How to enhance rotator cuff healing after repair? Patch augmentation technique and it's limitations	Przemysław Lubotowski	
13:22	13:30	00:08	Biologic augmentations in massive rotator cuff tears	Rafał Namysłak	
13:30	13:38	00:08	Shoulder ter/bis triad- what to do and when?	Roman Królak	
13:38	13:46	00:08	Complications in rotator cuff surgery - how to face your fears	Adrian Błaszak	
13:46	13:54	00:08	Rehabilitation protocol after massive cuff tears surgical repair- pearls and pitfalls	Andrzej Kępczyński	
13:54	14:02	00:08	Free paper: Results of ultrasound-guided evacuation of calcium deposits (chalkdust) from the shoulder tendons	Rogdan Węgiel	
14:02	14:30	00:28	DISCUSSION		

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SALA 53 (KAMERALNA - 400 os)					
12:50	14:30	01:40	Arthroscopic approach to elbow contractures	Przemysław Lubotowski	Alexandra Czubara
12:50	13:00	00:10	Elbow contracture: etiology, pathogenesis, evaluation, preoperative work up	Bartłomiej Kordziński	
13:00	13:30	00:30	SBT and unstable elbow	Alexandra Czubara	
13:30	13:37	00:07	Elbow arthroscopy: set-up and portal: prone	Artur Błaszak	
13:37	13:24	00:07	Elbow arthroscopy: set-up and portal: supine	Jakub Stefanek	
13:24	13:32	00:08	Arthroscopic release of posttraumatic contracture	Alexandra Czubara	
13:32	13:40	00:08	Arthroscopic release of degenerative contracture	Przemysław Lubotowski	
13:40	13:52	00:12	Discussion + cases		
13:52	14:00	00:08	Free paper: Open Versus Arthroscopic Elbow Arthrolysis for Post-Traumatic Elbow Contracture: Early Prospective and Mid-Term Retrospective Outcomes with a Minimum 5-Year Follow-Up	Jan Niciński	
14:00	14:10	00:10	SBT wrist: etiology and management	Marcin Klich	
14:10	14:20	00:10	Arthroscopic release of stiff wrist	Grzegorz Wollaschak	
14:20	14:30	00:10	Discussion + cases		

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SALA 54 (ZESPÓŁ SAL - 350 os)					
12:50	14:30	01:40	Clinical outcomes of biological treatments	Krzysztof Pielas	
12:50	13:06	00:16	New generation cell- based medicinal products for applications in orthopedics - MesuCellA Ortho	Ewa Zuba-Surma	
13:06	13:22	00:16	Interventional management of spine related pain. Is there a place for orthobiological treatment?	Paweł Ratuski	
13:22	13:38	00:16	BMAC: is it worth going this way?	Jakub Jabłoński	
13:38	13:54	00:16	The role of the physiotherapist in the procedure before and after the administration of orthobiological substances	Wojciech Kubaśik	
13:54	14:02	00:08	free paper		
14:02	14:30	00:28	DISCUSSION		